



MULTI-SPORT *Roster Requirements*

Sport	Ideal Roster Size (F) = Female	Total # of Players Required on the Court	Minimum # of F Required on the Court
Indoor			
Basketball	9-10 (4 F)	5	2
Dodgeball	9-10 (4 F)	6	2
Floor Hockey	9-10 (4 F)	4 + Goalie	2
Handball - Gym	9-10 (4 F)	5 + Goalie	2
Indoor Soccer	9-10 (4 F)	4 + Goalie	2
Indoor Ultimate	9-10 (4 F)	5	2
Indoor Volleyball	8 (3 F)	6	2
Tchoukball	10-11 (4 F)	6	2
Outdoor			
Beach Volleyball	8 (3 F)	6	2
Flag Football	10-12 (4 F)	5	2
Field Handball	10-12 (5 F)	7 + Goalie	3
Kickball	10-12 (4 F)	10	3
Outdoor Soccer	10-12 (5 F)	7 + Goalie	3
Slo-Pitch	10-12 (4 F)	10	3
Street Hockey	10-12 (4 F)	5 + Goalie	2
Ultimate	10-12 (5 F)	7	3