














MULTI-SPORT

Roster Requirements

Sport	Ideal Roster Size (F) = Female	Total # of Players required on the court	Minimum # of Females required on the court
Indoor			
 Basketball	9-10 (4 F)	5	2
 Dodgeball	9-10 (4 F)	6	2
 Ball Hockey	9-10 (4 F)	4 + Goalie	2
 Handball - Gym	9-10 (4 F)	5 + Goalie	2
 Indoor Soccer	9-10 (4 F)	4 + Goalie	2
 Indoor Ultimate	9-10 (4 F)	5	2
 Indoor Volleyball	8 (3 F)	6	2
Kinball	9-10 (4 F)	6	2
Outdoor			
 Flag Football	10-12 (4 F)	5	2
 Kickball	10-12 (4 F)	10	3
 Outdoor Soccer	10-12 (5 F)	7 + Goalie	3
 Street Basketball	9-10 (4 F)	5	2
 Street Hockey	10-12 (4 F)	5 + Goalie	2
 Ultimate	10-12 (5 F)	5	2